
PRERANA

ANNUAL REPORT 2018



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Prerana Annual Report 2018

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Acknowledgements:

The Prerana 2018 Annual Report was created thanks to the contributions of the following Prerana Staff: Naramaya Shrestha, Project Coordinator, Jitendra Singh, Rehab Manager, Renuka Kandel, Inclusion officer, and Rajani Basnet, Finance and Admin Officer.

Glossary:

AAN	Action Aid Nepal
CAC	Citizen Awareness Centre
CBR	Community Based Rehabilitation
CDC	Community Discussion Centre
CDMC	Community Disaster Management Centre
CDW	Community Disability Worker
CPN-UML	Community Party of Nepal- Unified Maoist Leninist
DAO	District Administration Office
DDC	District Development Committee
DPHO	District Public Health Office
GoN	Government of Nepal
IFES	International Federation of Electoral System
LDMC	Local Disaster Management Committee
LGCDP	Local Governance Community Development Program
LSP	Local Service Provider
MAM	Mahila Adhikar Manch
MOWC	Ministry of Women, Children and Social Welfare
NGO	Non-governmental Organization
NWC	National Women Commission
PAF	Poverty Alleviation Fund
PC	Project Coordinator
PT	Physiotherapist

PWD	Persons with Disability
RC	Rehabilitation Centre
SM	Social Mobiliser
UNCRPD	United Nations Convention on the Right of People with Disabilities
VDC	Village Development Committee
VFP	Vulnerable Focal Person

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1. Forward

For twenty years, Prerana has worked with poor and disadvantaged communities to secure their rights across multiple districts in Nepal. Prerana has covered huge number of right holders that directly and indirectly benefit through the various projects and programs. Prerana has also enhanced its own identity as a strong NGO working towards women's rights and the rights of persons with disabilities in Nepal.

In 2018, Prerana continued partnerships with Action Aid Nepal (AAN), Humanity and Inclusion (HI), CECI – UNITERRA and VSO. At the local level, Prerana worked in collaborative action with government organizations, NGOs and community based organizations.

One key roles of Prerana in 2018 was to support Rastriya Mahila Adhikar Manch (MAM) as a national secretariat. MAM, a people's organization of rural women, currently has around fifty thousand members (18000 formal member and 31600 informal members) associated and actively works to promote women's issues and rights at both local and national levels

Prerana's Physical Rehabilitation Centre (PRC) continued to be a success in providing physical rehabilitation services to persons with disabilities. Through outreach and center based activities, need assessments, the production and fitting of assistive devices, and physiotherapy services, the most marginalised people with disabilities are engaging in livelihood activities and local governments have been sensitised to be more inclusive.

This report is the result of the continued efforts of various individuals, partners, and local government agencies, which with their support; the programs have achieved many positive results. We are greatly appreciative and grateful to all of our government and development partners, board members, local communities and all stakeholders for their help guidance

and inspiration. I would like to express my gratitude to all of Prerana colleagues for helping make 2018 a successful year.

Kapil Prasad Pokharel

Executive, Director

2. Introduction and Geographic Coverage

Introduction to Prerana:

Nepal is a country whose tradition takes hold of all cultural aspects. Within their history is the common occurrence of discrimination against marginalised groups, including women, the poor, and people with disabilities. This discrimination limits access to services as well as hindering their human rights. For those that are discriminated against, their daily lives are filled with challenges due to a lack of safety, income, or mobility. Many non-governmental organizations have been created to combat these issues.

In order to battle these issues and create a self-reliant society, Prerana works in collaboration with local communities, partner organizations and government agencies to empower women, children, Dalits, impoverished people, and people with disabilities. Their empowerment results from the benefits received by participating in development activities designed to ensure their basic human rights and their access to better livelihood options.

Prerana's Overall Objectives:

- ❑ To enhance the capacity and awareness of the targeted communities by building self-help organizations and enabling them to take an active part in decisions which affect their lives
- ❑ To enable the targeted communities to understand the main causes of poverty and help them to utilise the resources in a sustainable manner
- ❑ To extend cooperation toward financial institutions and enable the targeted communities to improve their economic conditions.
- ❑ To enhance the capacity of different cooperative institutions and community people to organize advocacy program on right-based approach.

- ❑ To raise awareness of the present state of governance and promote participation in the process of good governance.
- ❑ To improve functional ability of people with disabilities for their participation, inclusion and independent living through rehabilitation service

List of Projects Implemented in 2018:

Partner	Project name	Coverage Area
Action Aid International	Samunnati	National Level
Humanily and Inclusion (Handicap international)	Inclusive Livelihood	Mahalaxmi Municipality and Godawari Municipality of Lalitpur district
Humanily and Inclusion (Handicap international)	Physical Rehabilitation Services	Sarlahi, Rautahat, Sindhuli, Dhanusha, Mahottari, Siraha, Bara, Parsa and Makawanpur Districts
Volunteer Service Oversees (VSO)	ENGAGE	Malangwa Municipality and Kaudena Rural Municipality, Sarlahi

3. Women's Rights

3.1 Samunnati

Background of the Project:

Funding Partner: Action Aid Nepal

After having new constitution and federal state structure of Nepal, positive scenario has seen in the political transformation. The endorsement of new constitution was the milestone of the political stability. Prerana was launched the SAMUNNATI project from 2017 in the partnership of Action Aid Nepal. Main aim of the project was to establish women rights by ending the all types of violence against women and ensure women representation in political institution. The target group of project were MAM members from 32 districts.

Objectives of the Project:

1. To provide opportunities to the women & girls to learn about their rights, how to take legal actions and enhance their safety and access to justice
2. To mobilize women and girls network and coalitions to actively lead local and national solidarity movements to demand and end to violence against women
3. To engage duty bearers, employers and public and private sector services providers in discussions with right holders on how to make policies and services
4. To engage men & boys to adopt and promote positive attitudes towards women physical and economic security

Achievements of the year per objectives:

Stop violence against women and girls:

Considering the presence of series of violence against women and girls, all district level Mahila Adhikar Manch (MAM) submitted letter of memorandum to Nepal Government through District Administration Office. Prerana helped MAM to prepare the letter of memorandum with their nine demands relating to end violence against women and girls.

MAM's Fourth Assembly:

MAM celebrated its fourth Assembly and 11th annual day to review the achievements of MAM its intervention to the women movements in Nepal, to build a common understanding among MAM members about changing political and administrative context of Nepal and make further strategy



of advocacy, revised the organizational policy of MAM as per the changing federal structure of Nepal. More than 100 MAM members and other stakeholders participate in the celebration program. Finally, the meeting constituted 23 membered national executive committee of MAM and selected coordinators to organize provincial assembly.

Sixteen days campaign against gender based violence:

Prerana with MAM participated each activity organized at national level and local levels as well. Prerana supported Lalitpur MAM to organize an interaction program on present status of gender based violence and legal tools to end it. Representatives of Mahalaxmi Municipality and members of Lalitpur MAM took part in the interaction. Similarly, Prerana took part in human right magna-meet 2018 and South Asian women day as an organizing member.

Provincial Assembly of MAM in Province 2:

Prerana helped MAM to organize provincial assembly in Province 2. The assembly endorsed annual plan based on organizational strength, weakness, opportunity and threats of MAM at this province, the assembly constituted provincial committee of Mam in province 2.

Safe Public Spaces:

As Prerana and MAM are member of safe city campaign, Prerana took part in organizing safe city campaigns in different public places. On 20th May, Prerana organized a safety booth in Satdobato, Lalitpur in coordination metro-police.

Women's Rights and Policy Advocacy:

1. Orientation to MAM representatives on new legal tools

Prerana organized an orientation for MAM members on legal tools to control gender based violence and promote women rights. During the orientation, participants identified some discriminatory provisions in civil codes 2074 and criminal codes 2074.

2. Interaction on status of rural women's policy

Prerana organized an interaction with National Women Commission to update the status of rural women policy. During the interaction, Prerana briefed the process and importance of rural women policy in present context. The secretary of National women commission appreciated the initiation of MAM and Prerana and showed his commitment to push the endorsement process of rural women policy.

Meeting with Chief Ministers:

Prerana helped MAM to meet with Chief Ministers (CM) in all provinces. During the meeting, MAM briefed its introduction with CM and all CMs demonstrated their commitment to join hands with MAM for addressing gender based violence.

4. Livelihoods and Recovery

4.1 Inclusive Livelihoods Project

Background of the Project:

Funding Partner: Humanity and Inclusion

Prerana started this project in 2 Municipalities - Mahalaxmi Municipality & Godawari from March 2016 in partnership with Humanity and Inclusion.

Objectives of the Project:

1. To cultivate the integration of identified persons with disabilities including ex-combatant with disabilities in productive civilian life.
2. People with disabilities including ex-combatants to include them in income generation activities as capacity and interest of beneficiaries.

Achievements:

- ❑ Assessed and empowered 372 persons with disability through personalized social support (PSS).
- ❑ Integration of 270 persons with disability in various income generating activities.
- ❑ Retained 220 beneficiaries in active income generation one year after the completion of training or mentorship period.
- ❑ 57 persons with disabilities received vocational and skill related training
- ❑ Integrated 309 persons with disabilities in to local disability groups (LDGs), DPOs and other community formal groups.

- ❑ 3 livelihood stakeholders adapted reasonable accommodation for offering their services to persons with disabilities.



Photos above from a monitoring visit from Mahalaxmi Municipality

Challenges Faced and Mitigation Measures:

Challenges faced	Mitigation measures
Available training and jobs are not suitable for beneficiaries due to transportation service as training center and offices is far from their residential area	For some beneficiaries who have this type of problem they can stay in their relatives house nearby Training Centre or can take rented room in group
Changed mentality of beneficiaries at urban area for high allowances cause beneficiaries turnover	Counselling beneficiaries for adjustment and organization/company for increment

Lessons Learnt:

- ❑ Monitoring and Evaluation visit from Government stakeholders (Municipality) will make responsible person from municipality, alert about the situation of beneficiaries and will support local government for planning of coming year.
- ❑ Handover the project to Municipality supports for the responsibility increased in local government for People with disabilities.
- ❑ Contribution by beneficiaries in Mitigation support helped to increase ownership for better livelihood.

5. Health and Disability

5.1 Physical Rehabilitation

Funding Partner: Handicap International

Background of the Project:

To ensure long term functioning of quality physical rehabilitation services, accessible for all - especially for isolated and vulnerable persons living with physical disabilities in the districts province number 2 of Nepal, Prerana in partnership with Humanity and Inclusion (new name of Handicap International) is running physical rehabilitation center in Malangwa, Sarlahi district. Prerana through its qualified team is providing center based and community based (outreach) physical rehabilitation services to people with functional limitations. To diversify the funding sources to sustain the service, locally Prerana is collaborating with various municipalities.

Overall objective: Ensure long term functioning of quality physical rehabilitation services, accessible for all - especially for isolated and vulnerable persons living with physical disabilities in terai and hilly districts in the central region of Nepal.

Specific Objectives:

-
1. Ensuring Quality Services Delivery in PRERANA Centre.
 2. Extending the Accessibility of Services
 3. Ensuring Sustainability of Services
 4. Increasing Participation of PWDs and Promoting Community Interactions

Summary of Highlights for 2018:

1045 IDENTIFIED AND ASSESSED NEW BENEFICIARIES

4828 TREATMENT SESSIONS PROVIDED

657 P&O DEVICE AND MOBILITY AIDS DELIVERED

Expected Results:

- 1.1 QUALITY OF REHABILITATION TREATMENT SERVICES IMPROVED
- 1.2 ACCESS TO OUTREACH REHABILITATION SERVICES IMPROVED
- 1.3 SUSTAINABILITY OF REHABILITATION CENTRE ENHANCED
- 2.1 RECONSTRUCTIVE SURGERY PROVIDED AS NECESSARY FOR CHILDREN LIVING WITH DISABILITY

Overview of Achievements related to project indicators and target

Expected result: 1: Quality service delivery.

SN	Services	Target	Achievement
1	Person with disability received physical rehabilitation services	1100	1045
2	Total number of treatment session received by the beneficiaries	3300	4828
3	Total number of new clients identified by community workers for physical rehabilitation services	600	438
4	P&O devices produced and fitted	282	284
5	Mobility aids for appropriate treatment	178	285
6	Repair and maintenance of assistive devices	71	87
7	Number of support & supervisory field visits to CDWs area by	48	50
8	% of clients who achieve their set goals	80	80%
9	% of clients who are satisfied from the rehabilitation services	80	83%
10	Total number of clients who have access to reconstructive surgery	18	35

Expected result: II: Extending the Accessibility of Services.

SN	Indicator	Target	Achievement
1	New clients identified by community workers	600	438
2	Mobile camps conducted	2	2
3	Beneficiaries receiving services at mobile camps	450	348

Expected result: III: Sustainability of Services.

SN	Indicator	Annual Target	Achievement
1	Fundraising	4160968	3255154
2	Cost Recovery	450000	306789
	Total	4610968	3561943

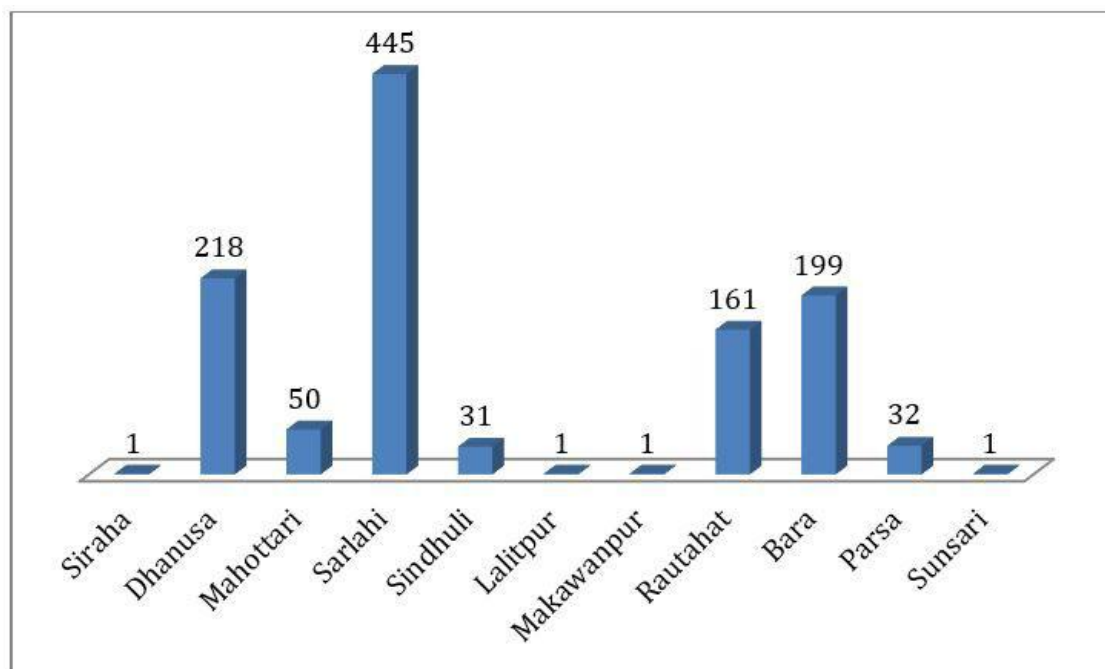
Beneficiaries Data Analysis

Data Analysis:

- ❑ The rate of Cerebral Palsy is of high prevalence in State 2 and is among one of the conditions provided through the service coverage of Prerana.
- ❑ There is a high need of providing holistic and comprehensive services to a person with Cerebral Palsy (e.g. Establish Regional level CP center for Cerebral palsy).

- ❑ Cerebral Palsy should be one of focussed groups for intervention that has separate programming and needs addressed by like minded stakeholders and government body for children with disabilities.

Number of Beneficiaries by District in 2018:



Prerana continued a wide-spread approach in Rautahat district. It has deployed 2 community disability workers (CDWs) and has established either a step-down facility / satellite clinic at primary health centres. This approach has also strengthened these existing centres as skills and knowledge have been transferred to health care professionals.

Lessons Learnt:

<i>Date Identified</i>	<i>Identified By</i>	<i>Subject</i>	<i>Situation</i>	<i>Recommendations & Comments</i>	<i>Follow-Up Needed</i>	<i>Documentation Available</i>

1.	PRC Management	Fundraising and Sustainability of services.	Sustainability	Coordination and Monitoring Visit, Conduct DPAC and Social audit	Yes	Yes
2.	PRC Management	Outreach coverage	Service coverage and service utilization	Assessment and Service planning with Implementation plan	Yes	Yes
3.	Technical Team	Quality and Quantity of Service	Quality and Quantitative service delivery	Ensure quality, equitable services	Yes	No

6. Education and Child Services

6.1 Empowering a New Generation of Adolescent Girls with Education (ENGAGE)

Funding Partner: Volunteer Services Overseas (VSO)

Background of the Project:

ENGAGE project is a consortium project led by VSO and funded by DFID – GEC / LNGB. Prerana is implementing this project in Kaudena Rural Municipality and Malangwa Municipality of Sarlahi. Duration of this project is August 24, 2018 to July 31, 2022.

ENGAGE envisions a world where even severely marginalised out of school girls and girls with disabilities are empowered through education to make informed life choices, contribute to family decisions, and confidently pursue their own economic opportunities. Despite long odds and facing many challenges, 781 girls in Sarlahi district of Nepal will be bolstered by a newly supportive community, equipped with new skills for learning and employability, experience new-found confidence and self-esteem, and become able to influence and control their own sexual and reproductive health.

To enable this, ENGAGE proposes a holistic programme to strengthen stakeholder engagement in inclusive education for marginalised out of school girls and girls with disabilities at household, school and system levels. Each girl will benefit directly from innovations in mentoring, personalised social support, community awareness and data collection, with many more girls (and some boys) indirectly benefiting from an improved environment and increased capacity for inclusive education. Importantly, ENGAGE is designed to link its grassroots-level interventions with the Government of Nepal's national-level policy development process.

ENGAGE will achieve these outcomes through an approach to girls' education in Nepal that has already been implemented at scale, most relevantly on VSO's GEC-1 and GEC-T Sisters for Sisters project. ENGAGE refines this for the needs of the most marginalised out of school girls and girls with disabilities through the additional expertise of Handicap International, whose Personalised Social Support (PSS) model is now used globally to

ensure that families with severely marginalised children with disabilities are identified, supported, and referred to appropriate support services. Three local implementing partners with substantial experience supporting marginalised groups in the Terai round out the consortium, ensuring reach, local knowledge, and efficient implementation.

ENGAGE addresses critical factors of marginalisation identified during participatory stakeholder consultations, including: socio-cultural norms that place a low priority on girls' education; lack of awareness and support services for girls with disabilities or functional impairments; poorly equipped teachers/educators and educational institutions to support the needs of OOSM girls and girls with disabilities; and poor implementation of inclusive policies by local service providers and duty-bearers. Through a people-centred approach, ENGAGE enlists and empowers a support system of 200 peer girls, 34 teachers/educators, 30 BE/d and ME/d student teachers, and 2 International Volunteer Experts (IVEs) to play key roles within the intervention and become champions for girls' education.

Peer mentoring, PSS, community awareness and behaviour change communication will help to shift negative attitudes against girls' education and employment. Training, coaching and mentoring educators in inclusive pedagogy and practice, and supporting institutions to adopt inclusive and resilient school improvement plans (SIPs) will create ideal environments for girls to learn. The establishment and strengthening of joint monitoring systems to generate data for inclusive policy implementation, dissemination of key learning, and development of national guidelines and tools in consultation with the

The project aims to sustain these changes by taking advantage of Nepal's new federal governance system to advocate for increased investment in inclusive education at local levels, and by generating a cohort of inclusive education practitioners from among the

project's many engaged stakeholders. With insight and relationships developed over VSO's more than 50 years of experience improving education in Nepal, this will ensure that no girl is left behind for generations to come.

Activities of the project is not started in this year.

Financial Statement and Human Resources

Financial Statement (in NPR):

Income			14,719,781.95
Project Grant:		12,794,047.20	
From Action Aid International	2,846,000.00		
From Handicap International	7,497,570.20		

From Local Levels	1,450,477.00		
From MOWCSC	1,000,000.00		
Other Income		1,925,734.75	
Expenditure			16,979,029.00
Samunnati Project	2,829,260.00		
Inclusive Livelihood Project	1,409,261.00		
Physical Rehabilitation	11,725,295.00		
ENGAGE	434,391.00		
Core	580,822.00	1,942,523.00	
Closing Balance			-2,259,247.05

Humans Resources:

Executive Committee:

SN	Name	Designation
1	Bimala Ghimire	Chairperson
2	Sulabh Prasad Shrestha	Treasurer

3	Karuna Baral	Secretary
4	Shreedhar Lamichane	Member
5	Dhruba Prasad Thapaliya	Member
6	Chanda Sunar	Member
7	Uddhav Raj Bhattarai	Member
8	Sarita Thulung	Member
9	Ganga Chalise	Member

Gender and Ethnic Background of Executive Committee			
	Female	Male	Total
Dalit	1	0	1

Janajati	1	1	2
Other	3	3	6
Grand Total			9

Staff Members:

SN	Name	Designation	Project
1	Kapil Prasad Pokharel	Executive Director	Core
2	Naramaya Shrestha	Project Coordinator	Samunnati
3	Jitendra Kumar Singh	Rehabilitation Management Officer	Rehab
4	Renuka Kadel	Inclusion Officer	Inclusive Livelihood
5	Mukesh Khadka	Physiotherapist	Rehab
6	Bina Pandit	Project Coordinator	ENGAGE
7	Rajani Basnet	Admin Finance Officer	Core
8	Raghubir Chaudhari	Admin Finance Officer	Rehab
9	Ramesh Niraula	Rehabilitation Officer (P&O)	Rehab
10	Meena Paudel	Rehab Supervisor	Rehab

11	Rameshwar Mahato	Rehab Supervisor (outreach and fundraising)	Rehab
12	Nilam Chaudhary	Rehab Supervisor (Orthotics)	Rehab
13	Saraswati Chalise	CDW	Inclusive Livelihood
14	Pradeep Tamang	CDW	Inclusive Livelihood
15	Indra Bomjan	Data Entry Intern	Inclusive Livelihood
16	Kumar Raj Budha	Project Officer	ENGAGE
17	Laxmi Tamang	Admin Finance Officer	ENGAGE
18	Kunti Sah	Community Mobiliser	ENGAGE
19	Sonam Kumari Sah	Community Mobilizer	ENGAGE
20	Ram Kumari Yadav	Community Mobilizer	ENGAGE
21	Ranjana Kumari Chaudhary	Community Mobilizer	ENGAGE
22	Munchan Raut	Cleaner	Rehab
23	Tara Sapkota	Community Worker	Rehab
24	Bhagya Narayan Chaudhari	Community Worker	Rehab
25	Rajesh Patel	Community Worker	Rehab
26	Ramesh Sah	Community Worker	Rehab

27	Anil Kachhadiya	Logistic Assistant	Rehab
28	Mallika Shrestha	Office Assistant	Rehab
29	Mahendra Chaudhary	Office Helper	Rehab
30	Prem Kumari Basnet	Office Helper	Samunnati

